



SUPPORT GROUPS

ALZHEIMER'S SUPPORT GROUP

4612-53 St., Camrose, T4V 1Y6, AB

Phone: Janet Klontz (780) 679-3010 Fax: (780) 679-1020

Meeting Place: Rosehaven Care Centre-1st. floor Room 4

Meeting Dates: 3rd. Thursday of every month 1:15 pm

If you are caring for a loved one who has memory loss and you are their primary caregiver, this group will provide support and resource ideas.

BASHAW CANSURMONT

General Delivery, Bashaw, T0B 0H0, AB

Phone: Barb Schultz (780) 372-2334

BASHAW T.O.P.S. (TAKE OFF POUNDS SENSIBLY)

General Delivery, Bashaw, T0B 0H0, AB

Phone: Louise Hogg (780) 372-3776

www.tops.org

Meeting Place: United Church - Basement, Bashaw

Membership Fee: \$35.00 / year

Take off pounds sensibility. Learn how to eat properly

BEREAVEMENT SUPPORT GROUP

4607-53 St., Camrose, T4V 1Y5, AB

Phone: Rev. Brian Hunter 780-679-6100 Fax: 780-679-6196

Meeting Place: St. Mary's Hospital

If you have recently experienced a death in your family, you know the pain and length of time it takes to recover. This support group will aid in the process.

EMPOWERMENT SUPPORT GROUP

4607-53 St., Camrose, T4V 1Y5, AB

Phone: 780-679-6131 Fax: 780-679-6139

Meeting Place: St. Mary's Hospital

A 12 week group program for women sexually abused as children. A screening interview is necessary and is done through the walk-in clinic held every Tuesday. Program runs twice per year depending upon interest.

HUNTINGTON'S SOCIETY

Box 92, Round Hill, T0B 3Z0, AB

Phone: Wanda Kawalilak (780) 688-3617

M.A.D.D. CANADA - MOTHERS AGAINST DRUNK DRIVING

#102, 5006-53 St, Camrose, T4V 1Z3, AB

Phone: Leeann Paterson (780) 878-4508

Charitable grassroots organization with a purpose for providing support services to victims, heightening awareness

about the dangers of impaired driving by alcohol and/or drugs, saving lives and preventing injuries on our roads.

MULTIPLE SCLEROSIS SUPPORT GROUP

Phone: Pastor Lentz 780-679-1013

For information on support for people affected by M.S., please call Pastor Lentz at 679-1013.

NEW HOPE GROUP

Camrose, AB

Phone: Brett 780-781-4114 (Helpline manned by volunteers)

A fellowship of non-practicing substance users whose primary purpose is to achieve and maintain abstinence.

PARKINSON'S SUPPORT GROUP

R.R. #2, Kingman, T0B 2M0, AB

Phone: Trish Clark 780-678-2710

Toll-free: 1-888-873-9801 (Parkinson Society of AB)

www.parkinsons.ab.ca

Meeting Place: Rosehaven

Call toll-free for more information on community resources, information & support in coping with Parkinson's. Local support group for individuals with Parkinson's disease & their caregivers.

REBUILDING

Camrose, AB

Phone: Helen Samm 780-672-4300

A 10 week educational process, designed to assist and support people as they work through separation and/or divorce. They may have completed this process legally, but not emotionally. Based on the book, "Rebuilding: When Your Relationship Ends" by Dr. Bruce Fisher. Facilitated by Jane Arial, Spiritual Director and Helen Samm, Pastoral Counsellor.

SCHIZOPHRENIA SOCIETY CAMROSE BRANCH

#206, 5015 - 50 Av., Camrose, T4V 3P7, AB

Phone: Anthony Holler 780-679-4280

www.ssacamrose.ca

Meeting Place: Professional Centre

The SSA Camrose Branch provides support and resources to people suffering Schizophrenia, as well as their friends, spouses, and families. The Unsung Hero Consumer Support program is a social night for people suffering with the illness of schizophrenia which takes place 1st. Tues./month. Branch Office @ 679-4280 or Tony @ 672-5582. This is a time when people affected by schizophrenia can come together and talk to peers. The Family Support Network is a support group designed for families. Strengthening Families is a 10 week workshop which is designed to educate participants about true facts of Schizophrenia.

T.O.P.S. (TAKE OFF POUNDS SENSIBLY) # 3184



Clubs and Organizations Directory of Camrose and District

by Volunteer Centre of Camrose and District

<http://www.whyvolunteer.ca/>

6506-35 Av, Camrose, T4V 3N7, AB

Phone: Bev Taylor (780) 672-5217

Meeting Place: Bill Fowler Centre - Board Room

Membership Fee: 30 dls registration / 4 dls a week

Meeting Dates: Thursdays 9:45 - 11 am

Weight loss support group

VISUALLY IMPAIRED PERSONS CLUB

Camrose, AB

Phone: Joyce McVee 780-672-7420 / 780-608-9351 Fax:

780-672-0498

Meeting Place: Community Room, Superstore

Support group and social club with a variety of activities and events. All people living with a visual impairment (and their spouses, friends and families) are welcome at all meetings and activities. Membership is not a requirement for participation.

WEIGHT WATCHERS

Camrose, AB

Phone: 1-800-374-9191

Meeting Place: Camrose Masonic Hall, 5021 48 St, T1W 1Y2

Meeting Dates: Tuesdays 18:30

Meetings provide a motivating environment led by a leader who has lost weight with Weight Watchers and kept it off. Each weigh-in is confidential. Plus, you can subscribe to eTools, the Internet companion for meetings.