



## **PARENTING**

### **BASHAW RATTLES AND RASCALS**

*Bashaw, AB*

Phone: (780) 372-4074 Fax: (780) 372-3951

Offers an opportunity for fun, friendship, socialization and support for both adults and children in a very friendly, semi-structured setting.

### **BASHAW SCHOOL PARENT COUNCIL**

*General Delivery, Bashaw, T0B 0H0, AB*

Phone: (780) 372-3800

### **LA LECHE LEAGUE**

*Camrose, AB*

Phone: Katelyn Palo 780-672-9389

[www.lllc.ca](http://www.lllc.ca)

Meeting Place: Community Centre, Indoor Playground

Membership Fee: Open to all, membership optional

Offers information and encouragement through mother-to-mother support for women interested in breastfeeding and parenting. Accredited volunteer leader available for telephone help. Monthly meetings give women an opportunity to share their joys, questions and concerns with a knowledgeable leader and experienced mothers. Extensive library on subjects such as pregnancy, birth, breastfeeding, weaning, nutrition, parenting and much more.

### **ROSALIND PARENT COUNCIL**

*General Delivery, Rosalind, T0B 3Y0, AB*

Phone: Dorothy Marshall (780) 375-3792

### **ROUND HILL PARENT ADVISORY COUNCIL**

*General Delivery, Round Hill, T0B 3Y0, AB*

Phone: Dorothy Marshall 780 375-3792

### **T.I.P.S. (TEACHING INDEPENDENCE AND PARENT SUPPORT)**

*4604 - 57 St., T4V 2E7, AB*

Phone: Annette Hillaby 780-672-0257 Fax: 780-672-7484

[www.cafcl.org](http://www.cafcl.org)

T.I.P.S. is a preventative program promoting independence, parenting skills and good nutrition for pregnant women and families with preschool children facing multiple barriers. Information on parenting, pregnancy, labour and delivery, nutrition, breastfeeding, child development is provided through: Home Visitation, Community Kitchen, Parenting classes, Parent & Child activities. Program also provides referrals and support to access other resources.